Front Range League Track Meet Time Schedule Friday May 4^{tjh}, 2018

At North Stadium

Teams: Boulder, Broomfield, Fairview, Fort Collins, Fossil Ridge, Greeley West, Horizon, Legacy, Loveland, Monarch, Mountain Range, Poudre, Rocky Mountain

3:15pm Coaches Meeting: Home Locker Room at the North end of the stadium

****No Adds, No Substitutions

Field Events

4:00 pm	Pole Vault	Boys	Finals
	Triple Jump	Girls	Prelims/Finals
	High Jump	Girls	Finals
	Long Jump	Boys	Prelims/Finals
	Shot Put	Girls	Prelims/Finals
	Discus	Boys	Prelims/Finals

Running Events:

4:00 pm	100m High Hurdles	Girls	Prelims
4:20 pm	110m High Hurdles	Boys	Prelims
4:40 pm	100m Dash	Girls	Prelims
5:00 pm	100m Dash	Boys	Prelims
5:20 pm	3200m Heat	Girls	Finals
5:40 pm	400m Run	Girls	Prelims
6:00 pm	400m Run	Boys	Prelims
6:20 pm	3200m Heat	Boys	Finals
6:40 pm	300m Low Hurdles	Girls	Prelims
7:00 pm	300m Intermediate Hurdles	Boys	Prelims
7:20 pm	200m Dash	Girls	Prelims
7:40 pm	200m Dash	Boys	Prelims
8:00 pm	4x800m Relay	Girls	Finals
8:15 pm	4x800m Relay	Boys	Finals

Front Range League Track Meet Time Schedule Saturday May 5th, 2018

At North Stadium

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10:00 am	Pole Vault	Girls	Finals	
	Triple Jump	Boys	Prelims/Finals	
	High Jump	Boys	Finals	
	Long Jump	Girls	Prelims/Finals	
	Shot Put	Boys	Prelims/Finals	
	Discus	Girls	Prelims/Finals	
Running Eve	ents:			
10:00 am	800m Medley Relay	Girls	Finals	
10:15 am	1600m Run	Girls	Finals	
10:30 am	1600m Run	Boys	Finals	
10:45 am	100m High Hurdles	Girls	Finals	
10:50 am	110m High Hurdles	Boys	Finals	
10:55 am	100m Dash	Girls	Finals	
11:00 am	100m Dash	Boys	Finals	
11:05 am	4x200m Relay	Girls	Finals	
11:15 am	4x200m Relay	Boys	Finals	
	25 min Break			
11:40 am	4x100m Relay	Girls	Finals	
11:50 am	4x100m Relay	Boys	Finals	
12:00 pm	400m Run	Girls	Finals	
12:05 pm	400m Run	Boys	Finals	
12:15 pm	300m Low Hurdles	Girls	Finals	
12:20 pm	300m Intermediate Hurdles	Boys	Finals	
12:30 pm	800m Run	Girls	Finals	
12:45 pm	800m Run	Boys	Finals	
1:00 pm	200m Dash	Girls	Finals	
1:05 pm	200m Dash	Boys	Finals	
20 Minute Break				
1:25 pm	4x400m Relay	Girls	Finals	
1:40 pm	4x400m Relay	Boys	Finals	